

2019-20 Annual Report



Our Mission

The mission of I-CARE, Inc. is to empower and assist individuals and families with low incomes to attain skills, knowledge, motivation, and opportunities to become self-sufficient and independent as well as to revitalize their communities.



United Way of Iredell County

I-CARE, Inc. is a United Way agency.

Community Services Block Grant

I-CARE uses this funding to deliver workforce development opportunities, training/tuition assistance, and necessary supportive services to individuals seeking to gain better employment to support their families. Here's a couple of clients who benefited from the funding.

ISABEL

January was the beginning of a new year and truly a new beginning for Isabel. After her graduation from Alexander Central High School (Taylorsville) in 2006, Isabel found herself in a series of jobs until 2019. Nothing that could "grow with her" she said. She enrolled at Catawba Valley Community College (CVCC) in 2019 at the Alexander County campus. There she met up with a representative from NC Works who directed her to Shelton Moore at I-CARE.

"I have a 2 year old daughter," Isabel said. "I needed to get serious about my career. Mr. Moore introduced me to Cindi Bacon (case manager) and after a three month course of study, then clinicals, I am now employed by Iredell Memorial Hospital as a CNA."

"Cindi helped me with everything I needed to be successful," Isabel said. "Cindi always told me... 'If you need help, let me know. I'll find it for you.'"

Does she like her work? "I do," she said. "I work a 12 hour shift and the work is hard but it is very rewarding to help people. I'll go further with my career," Isabel stated. "I will be studying Phlebotomy and then go on to get my RN. I would tell people who might be struggling with a career choice to look for something that will grow with you. And...there are people out there ready to help."

WILLIAM

William purchased a home and moved to Mooresville from New York in 2018 to take advantage of the area's construction boom. William had been laid-off but was optimistic his skills and experience would be in demand. Unfortunately, William encountered a series of hardships that delayed opportunities, which led him to the NCWorks Career Mooresville. William was eventually referred to the I-CARE, Inc. Community Services Block Grant (CSBG) for education and employment services in October 2019. William set goals to be a certified as a Crane Operator and gain employment.

William had nearly ten (10) years of heavy equipment operator experience. He was confident that the addition of a certificate would lead to becoming gainfully employed. I-CARE, Inc. CSBG sponsored William to enroll in Crane Operator training. As predicted, William was offered a Crane Operator position upon completion of training. Now recognized as a certified crane operator by the National Commission for the Certification of Crane Operators, he's maintained employment since December 2019 as a Foreman. "I love my job and the opportunity provided by I-CARE", said William.

To his credit, William now earns three times the amount of HHS Poverty Guideline Level for a family of two.



Figure 1 - Isabel working



Figure 2 - William in front of certification office

Weatherization Assistance Program

Assistance is provided to families (renters and homeowners) using this funding to help reduce their energy costs and to make their homes safer and healthier. I-CARE blends funds from different funding sources including the federal Weatherization Assistance Program and Low Income Home Energy Assistance Program; the Duke Energy Helping Home fund; the Blue Cross-Blue Shield Healthy Home Initiative; and, the United Way of Iredell County.

Take a look at our program outcomes below:

Indicator	Value
# of homes weatherized	12
# of single family homes	10
# of mobile homes	2
# of people assisted	17
Avg. annual income of families served	\$14,648
Avg. annual energy expense of families served	\$1,843
Avg. material cost per home weatherized	\$2,436
Avg. health/safety cost per home weatherized	\$712
Avg. cost per home weatherized (including labor)	\$4,170
Avg. air infiltration reduction in homes served	829 cfm*
# of heat/cooling systems replaced	14
Avg. cost of heat/cooling systems replaced (including labor)	\$5,461

*Cubic feet per minute – the velocity at which air flows into or out of a space





Early Education

I-CARE provides early education services to children and families to prepare them for entry into kindergarten. Our Head Start program served 351 children between Iredell and Catawba counties. We also provide an Extended Day program to provide wrap-around care to help families who have early and/or late work or school hours.

Take a look at our program outcomes in the pages that follow:

Staff Professional Development

Eligibility, Recruitment, Selection, Enrollment & Attendance

Caring for our Children in Group Settings During COVID-19

Understanding the Impact of Trauma on Behavior

Trauma-Informed Care: Responding to Trauma in your Classroom – Strategies for Teachers
Casework Credentialing Training

Fiscal Management

HR Training

Family Engagement Trifecta

Partnering with Families to Address Challenging Behaviors

Circle of Security Parenting Curriculum

HS & EHS Home-Based Institute

Conscious Discipline

What Do I Need More Than Anything Else: A Self-Care Check-In

I-CARE, Inc. provides over 55 hours of professional development and training to Head Start/Early staff and parents. These trainings are approved by the North Carolina Division of Child Development and Early Education (DCDEE).



Family/Child Engagement Activities

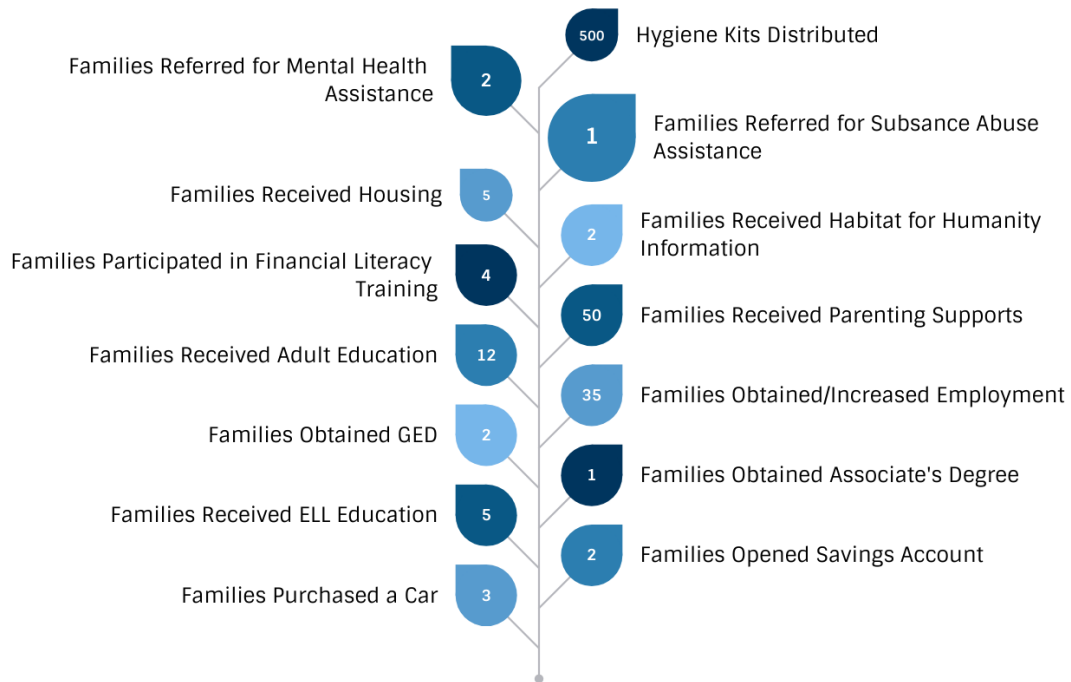
Male Monday, Women Wednesday, Family Friday, Outreach Festival, Thankful Thursday, The Big Payback, Friends & Family Day, Sports Spirit Tea, Sharing Showers, Parent/Child Engagement Activities, Summer Send-Off, and Monthly Parent Meetings
Activities meet PFCE and SR goals

Community Partners

South Yadkin Baptist
Highway & Hedges
Nu Dimensions
Brisa Del Mar Spa
Ana's Beauty Salón
Woodforest Bank
Ace Transport

El Exito Mexican Store
Greenway
Halo Project
Goodwill
Mason Lodge
Pregnancy Care Center
Yokefellow

Family Services



369 Dental Exams Completed
406 Medical Exams Completed



CHILD AND ADULT CARE FOOD PROGRAM

105,856 Meals Served



Family Data



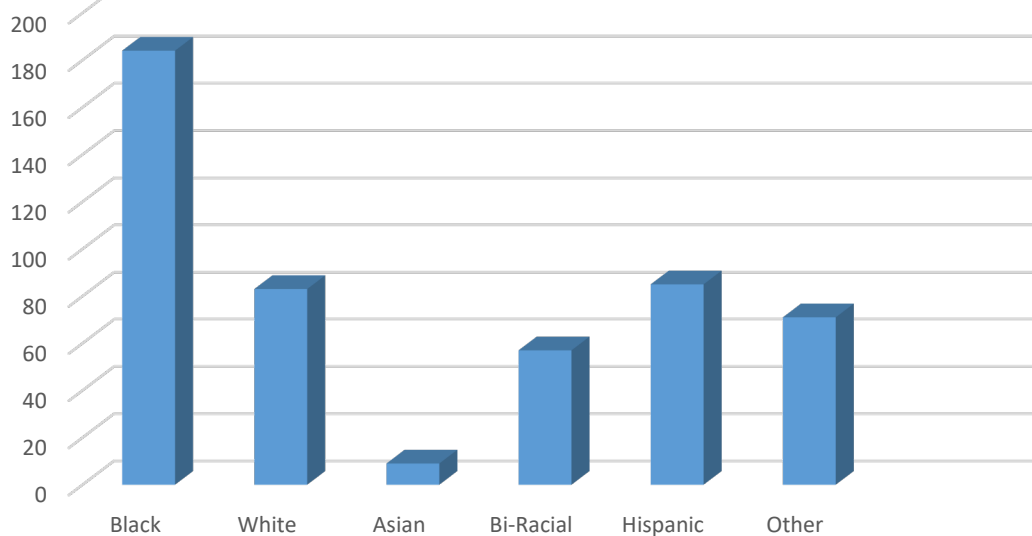
138 Two Parent Families
267 Single Parent Families
19 Other Family Types
40 Homeless Families
1 Foster Care Families

88.51% Average Monthly
Funded Enrollment

(No Slot Went Vacant More
Than 30 Days – Even through the
pandemic starting in March)



Child Ethnic Data



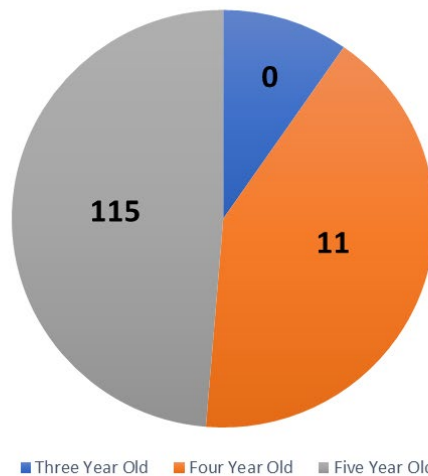
School Readiness

COR- Child Observation Record Fall & Winter Assessment

Assessment Period	Child Count	School Ready
Period One:	315	16
Period Two:	339	126
Period Three:	N/A	N/A



I-CARE INC. Program Year 2019-2020- School Ready



****Due to COVID-19 and Early Departure of our Children in March 2020- Period 3 Child Observation Record Assessment was not completed. Children were not at school to complete the full assessment****

Transition Activities

Second Step Early Learning
Social/Emotional Support

Virtual Learning Kindergarten
Tours

Kindergarten Here I Come
Resources & Calendar

Summer Send Off Calendar &
Parent/Child Engagement
Activities



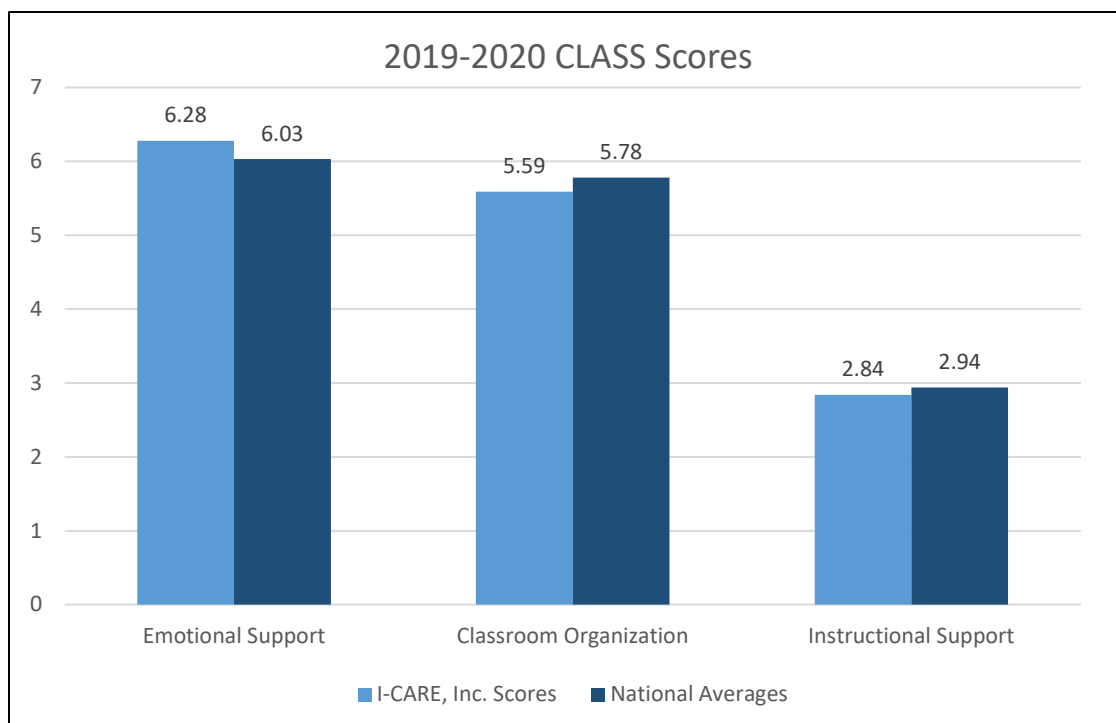
Disabilities



**12 - Non-Categorical/
Developmental Delay**

**19 - Speech or Language
Impairments**

CLASS



ICARE, INC. FISCAL ACCOUNTABILITY

As of April 30, 2020

ASSETS:

Cash on Hand	\$	302,819.00
Accounts Receivable	\$	214,842.00
Fixed Assets	\$	129,635.00
Total Assets	\$	647,296.00

LIABILITIES & EQUITY:

Current Liabilities	\$	220,990.00
Equity	\$	426,306.00
Total Liabilities & Equity	\$	647,296.00

Grant Awards

(Award amounts are based on grant's funding year)

Award Amount	Grant
\$272,984	CSBG
\$272,129	Weatherization
\$132,893	HARRP
\$3,507,118	Head Start
\$87,292	Extended Day
\$334,356	USDA-CACFP
\$13,000	United Way of Iredell County
\$2,400	NC DSS Food & Nutrition Services Employment & Training
\$33,000	Iredell County Community Foundation
\$4,200	Duke Energy Helping Home fund
\$10,000	OEO Entrepreneur Small Business Opportunity Program
\$4,669,372	Total Grant Awards

Head Start Actual Budget

May 1, 2019 – April 30, 2020

Revenue		
	Federal Funds	\$2,801,652
	Non-federal/In-Kind Match	\$700,413
	Total Revenue	\$3,502,065
Expenditures		
	Personnel	\$1,442,820
	Fringe Benefits	\$390,375
	Travel	\$52,117
	Equipment	-
	Supplies	\$124,936
	Contractual	\$32,390
	Other	\$385,498
	Indirect Costs	\$373,516
	Non-federal/In-Kind Match	\$700,413
	Total Expenditures	\$3,502,065



The Promise of Community Action

“Community Action changes people’s lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.”